



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FIND YOURSELF AGAIN

TEAM LEAN 2020
TIFTAREA YMCA

- COUPLET & INDIVIDUAL COMPETITION
- WEEKLY PRIZES (Gift Cards and More)
- MULTIPLE WEIGH-IN SITES
- LOSE WEIGHT AND FEEL GREAT
- EXERCISES CLASS EVERY WEEK



MEMBERS \$50

NON MEMBERS \$95

- Non-members will be granted full access to the main location located at 1657 S Carpenter Rd

For More Information contact Richard Shoniker

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