



Tiftarea YMCA  
1657 S. Carpenter Road  
Tifton, GA 31793  
229.391.9622  
[www.tiftareaymca.org](http://www.tiftareaymca.org)

# S.A.F.E.

Self-defense Awareness & Familiarization Exchange

## Women's Self Defense Classes

Hosted by Steve Hyman, Garfield Rhaney and Melissa Wood

Saturday, March 22<sup>nd</sup> at the Tiftarea YMCA

9 am-12 pm & 1:30 pm-4:30 pm

\*only 16 slots available per class

**\$15 Members**

**\$20 Non-Members**





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## S.A.F.E. Women's Self Defense Class Registration Form

Saturday March 22, 2014

\$15 Members    \$20 Non-Members

Participant's Name \_\_\_\_\_ Date of Birth \_\_/\_\_/\_\_

Address \_\_\_\_\_ Zip Code \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Number \_\_\_\_\_

Please Circle All That Apply:

\$15 Member                      \$20 Non-Member

9 am-12 pm Class              1:30 pm-4:30 pm Class

### Activity Release of Liability

In exchange for participation in the above activity organized by the Tiftarea YMCA, I recognize that there are certain inherent risks associated with the above described activity and I assume full responsibility for personal injury to myself and further release and discharge the Tiftarea YMCA for injury or loss or damage arising out of my use or presence upon the facilities of the Tiftarea YMCA. I HAVE READ AND UNDERSTAND THIS DOCUMENT.

Signature \_\_\_\_\_

Date \_\_\_\_\_

Office Use Only Amount Paid: Date in Trinexum: Staff Initial:
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