

Dear YMCA Member,

The Tiftarea YMCA reopened Monday, May 4<sup>th</sup>, 2020. Our hope is that we are able to slowly open amenities over a three- phase system. The Y will have limited accessibility and limited amenities. The reopening plan will take several weeks to fully execute and could change at any moment based on new information being released. We ask that you please remain patient and respectful during this process. Our leadership team is working extremely hard to put policies in place to protect our staff, members, program participants, volunteers, and neighbors.

We will release reopening information on a Monthly basis as available. Please continue to check your emails and our social media sites for updates.

The YMCA while the gym was closed continued to serve during this pandemic which is challenging. During “normal” times, our dues help us operate so much more than a gym and sports. While we are still working hard to serve our members and sports participants, we have pivoted our efforts to include critical needs in our community at large. The Y has stepped forward to:

- Respond to Peanut Butter and Jesus’ need for lunch snacks (Ex. Rice Krispy treats, crackers, goldfish and Drinks such as Kool-Aid jammers, Capri Sun, Little Hugs) by facilitating a food drive, still in need of these items.
- Collecting over 1900 face masks for the Hospital that our community and members are making.
- Continue to engage in conversation with community leaders to be aware of additional needs and respond if we can serve in any way.

If you would like to be involved in any of these activities, please reach out to us. We know that our Y is bigger than our building. It is amazing to see the Y (with Community support) push outside of these walls and serve innovatively through our staff.

The Phase 3 operating plan will include the following:

**Operation Hours:**

- Monday – Thursday 5am-8pm
- Friday: 5 am–6 pm
- Saturday 9am-5pm & Sunday 1-6

**Safety Protocols/Updates:** Members will be required to check-in at the front desk and participate in a fever screening. Fever screens will be in place for all members regardless of age. Those with a fever of 100.4 and above will not be allowed in the building.

- Social distancing will remain in place. Please stay 6 ft away from others.
  - Staff will be required to wear a mask when interacting with members.
  - We will not be offering sweat towels for health reasons, so please bring your towel if you need one.
  - Hand sanitizing stations will be in several areas. All hand sanitizers will be at least 60% alcohol.
  - We will have showers available at this time.
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- We do ask that before and after you use equipment that you use a hand wipe to clean off.
  - Child Watch is open Monday – Friday 9am-12pm and Monday – Thursday 4pm-8pm.
  - We will have a waiver for you to sign based on your membership type. Please sign on your first visit with us only.
  - We have added new classes and more rooms to Group Ex classes starting November 1<sup>st</sup> (e.g. Yoga, Pound, Tabata, HIIT, Line Dancing, Cardio Circuit, Y-Fit, Barre, Low Impact, Step, Body Sculpt, Zumba, and Pilates).
  - Open the pool to members only lap swim M-F 12-2. We also have water aerobics available Monday and Wednesday 11:15-12:00 and Tuesday and Thursday 1:30-2:15.
  - When you come into the facility you will be asked some health questions for everyone's safety!!

Again, we want to stress that this is Phase 2 of a three-part operating plan. We will continue reviewing these guidelines and communicate changes through email, our website and social media. We plan to add amenities for member usage in the coming weeks.

Our virtual platform continues to grow. We currently have exercise videos available to our members. To make sure we have your correct email address on file feel free to call 229-391-9622 during business hours.



Jason Bishoff CEO

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